

## PROCEDURES LIST

### PROCEDURES WITHOUT PRIOR MEDICAL EXAM

*Monday – Sunday 07:30 – 15:00*

#### Massage:

Aromatic massage	50 minutes	1.300,- CZK
Classical massage – partial	20 minutes	670,- CZK
Classical massage - whole body	50 minutes	1.190,- CZK
Hot Stone massage- partial	20 minutes	800,- CZK
Hot Stone massage- whole body	50 minutes	1.650,- CZK
Sole reflective massage	30 minutes	950,- CZK

#### Bath:

Bubble bath with added:	20 minutes	590,- CZK
Carlsbad salt		
Sea salt		
Herbal		
Calmonal		

#### Other:

Exercise in the pool	20 minutes	300,- CZK
Oxygen therapy	60 minutes	450,- CZK
Paraffin hands treatment	15 minutes	340,- CZK
Body Mass Index		350,- CZK
Measurement	50 minutes	350,- CZK
Yogapilates	50 minutes	350,- CZK
Yoga		

#### Treatment of nasal cavity - NASJA

Nasja is very effective in disorders such as stiff neck or jaws, headache and migraine, sinusitis, runny sinuses or excessive sensitivity of the facial part.

The application is particularly suitable in winter when adequately protect against the flu, colds and viremia.

Treatment consists of: relaxing facial massage, inhalation and application of nasal drops.

Recommended daily application.

*Treatment takes 20 minutes and costs 350,- CZK.*

#### Ear Candling

It is recommended for recurrent headache, tension or pressure in the head, during stress, exasperation, insomnia and for feeling of pleasant relaxation.

They are also used when a fault hearing, cold, sinusitis, viremia, tiredness and strengthen the overall immune. Their applications greatly improves hearing.

Recommended application is 1 x / Month

*Treatment takes 20 minutes and costs 450, - CZK*